

The *Growing Up in Australia* study has **directly influenced** these Australian **initiatives**:



Australian Government child and adolescent mental health strategy



Jobs for Families Child Care Package



Paid Parental Leave scheme



Universal Access to Early Childhood Education - ensuring all Australian children have access to preschool/kindergarten the year before they start school



Programs like 'Let's read!' across Australia to encourage reading in early childhood



Mental Health Care in the Perinatal Period: Australian Clinical Practice Guidelines

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Australian Government  
Department of Social Services



Australian Government  
Australian Institute of Family Studies



• YOU ARE AN •

**INFLUENCER**

*Growing Up in Australia: The Longitudinal Study of Australian Children*



# You are an influencer

Want to know why? Each time you participate in *Growing Up in Australia*: The Longitudinal Study of Australian Children (LSAC) you influence the lives of young people in Australia right now and into the future. And what an incredible difference you have made already!

## Your participation in this study is having an impact!

When you hear stories in the media that refer to things like 'an Australia-wide study of teenagers' or 'a longitudinal study of Australian children', it might be *Growing Up in Australia* research. So keep a look out - they might be talking about you!

You, your unique experiences and the time you set aside each time we interview you, contributes to a better Australia. For that, we cannot thank you enough. You are a valued member of the *Growing Up in Australia* study.

Here we give you a small snapshot of research using *Growing Up in Australia* data that has been in the media within the past year.

Full versions of these articles and media mentions can be found on our website [growingupinaustralia.gov.au](http://growingupinaustralia.gov.au)



OCT 19

### THE CONVERSATION

**These 3 factors predict a child's chance of obesity in adolescence (and no, it's not just their weight)**

The Conversation

9,200,000 reach • 19 twitter • 9 facebook

SEP 19



**Comparing risky behaviour in Scotland and Australia**

Twitter

365 reach

AUG 19

### THE CONVERSATION

**One in 10 Aussie kids care for someone with a disability or drug dependence - they need help at school**

The Conversation

71,900 reach • 83 twitter • 728 facebook

JUL 19

The Sydney Morning Herald

**Exercise, screen time, snacks and sleep: How Australian pre-teens compare**

The Sydney Morning Herald

7,380,000 reach • 19 twitter • 471 facebook

JUN 19

The Sydney Morning Herald

**Work-family conflict on the rise for fathers**

The Sydney Morning Herald

7,380,000 reach • 123 twitter • 821 facebook

MAY 19



**Why early childhood education is everyone's business**

The Sector

8,730 reach

APR 19



**World Health Organisation recommends tough limits on kids' screen time**

3AW 693 News Talk

MAR 19

The Sydney Morning Herald

**The Millennial screen teens with stars in their eyes**

The Sydney Morning Herald

9,010,000 reach

FEB 19



**Kids In Poverty Are Bullied More And Have Fewer Friends, Report Finds**

10 daily, online news

387,000 reach • 99 twitter • 1,042 facebook

JAN 19



**See how our kids are Growing Up in Australia**

Twitter

5,910 reach

DEC 18



**Teenagers hit by isolation and loneliness**

2GB, 837am

100,000 reach • 8 twitter • 55 facebook

NOV 18



**Australian Breastfeeding Project**

Facebook

356,600 reach