

The Longitudinal Study of Australian Children

Wave 4 2010

Parent's name:

Study child's name: $\square$
Thank you for your ongoing participation in Growing Up in Australia, the Longitudinal Study of Australian Children. The study is being conducted in partnership between the Department of Families, Housing, Community Services and Indigenous Affairs, the Australian Institute of Family Studies and the Australian Bureau of Statistics, with advice provided by a consortium of leading researchers.

It is very important for this study to have the perspective of both parents/ guardians. We really appreciate you finding the time to complete and return this form.
All information collected will be kept strictly confidential. Participation in this study is voluntary.

## Instructions

- This questionnaire is to be completed by the parent/guardian named above with regard to the child named above
- Use black pen
- Keep each number or tick within the response box provided, for example

- If a mistake is made, please correct it this way

- Where appropriate, you can record ' 0 ' in the response box. However, do not use 'nil', 'n/a' or '-'
- When you have completed this form, return it in the reply paid envelope (Reply Paid 76746, Sydney NSW 2000)

If you have any questions or want more information, please call on 1800005508 freecall (excluding mobile phones).

## Your child's personality and behaviour

1 Please tick one box for each of the following statements to best describe the study child's behaviour over the past six months:

Not true

## Somewhat Certainly

(a) Considerate of other people's feelings
(b) Restless, overactive, cannot stay still for long
(c) Often complains of headaches, stomach aches or sickness
(d) Shares readily with other children (treats, toys, pencils, etc.)

(e) Often loses temper
(f) Rather solitary, tends to play alone
(g) Generally well behaved, usually does what adults request

## fse03b4a

| fse03b5a |
| :--- |
| fse03b4b |
| fse03b3b |

fse03b1c
(j) Constantly fidgeting or squirming
fse03b2b
(k) Has at least one good friend
(I) Often fights with other children or bullies them
(m) Often unhappy, depressed or tearful
(n) Generally liked by other children
(o) Easily distracted, concentration wanders
(p) Nervous or clingy in new situations, easily loses confidence
(q) Kind to younger children
(r) Often lies or cheats
(s) Picked on or bullied by other children
(t) Often volunteers to help others (parents, teachers, other children)
(u) Thinks things out before acting
(v) Steals from home, school or elsewhere
(w) Gets on better with adults than with other children
(x) Many fears, easily scared
(y) Good attention span, sees chores or homework through to the end

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                    fse03b2e
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## Parenting

2 Thinking about the study child over the last six months, how often did you...

| Never/ almost never | Rarely | Sometimes | Often | Always almost always |
| :---: | :---: | :---: | :---: | :---: |

(a) Hug or hold this child for no particular reason
fpa03b2

 $\square 5$
(b) Talk it over and reason with this child when he/she misbehaved

(c) Tell this child how happy he/she makes you
(d) Give this child reasons why rules should be obeyed fpa09b3
(e) Explain to this child why he/she was being corrected fpa09b1





$\square 3$ $\square 4$ $\square 5$
fbwarm: fpa03b2, 3, 4, 5, 6 \& 1
fbireas: fpa09b2 \& fpa09b1
fbirb: fpa09b2, 3 \& 1
fbirc: fpa09b1, 2, 3, 4 \& 5
$\square 5$


 3

(k) Emphasise to this child the reasons for rules
fpa09b5 1

3 When parents spend time with their children, sometimes things go well and sometimes they don't. How often does the following happen?

Never/ almost never
Less than
half the
About half More tha
the time half the
 3



$\square$ $\square_{3}$ $\qquad$
(d) If you tell this child he/she will get punished if he/she doesn't stop doing something, but he/she keeps doing it, how often will you punish him/her $\qquad$
b2 $\square$
(e) How often does this child get away with things that you feel should have been punished
fbang: fpa13b2, 3, 4 \& 5 fbanga: fpa13b2, 3, 4, 5, 6 \& 7 fbcons: fpa11b1, 2, 3, 4 \& 5
(f) How often are you angry when you punish this child fpa13b4
(g) How often do you feel you are having problems managing this child in general
fpa13b5


(h) How often is this child able to get out of punishment when he/she really sets his/her mind to it
fpa11b4
(i) When you discipline this child, how often does he/she ignore the punishment
fpa11b5
2

 4

j) How often do you tell this child that he/she is bad or not as good as others
(k) How often do you think that the level of punishment you give this child depends on your mood
fpa13b7

## 4 In the past month, how often did you...

(a) Eat an evening meal with this child

(b) Talk to this child about his/her school activities

(c) Help this child with his/her homework
fhe11b3b
Daily A few A few Rarely Not at all times a times a


| Never/ | Rarely | Sometimes | Often | Always/ <br> almost <br> almost <br> never |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | always |  |

5 How often... almost never
(a) Does this child behave in a manner different from the way you want him/her to
fpa12b1
$\square 1$

$\square$ $\square 5$
(b) Do you think that this child's behaviour is more than you can handle fpa12b2
(c) Do you feel that you are good at getting this child to do what you want him/her to do
fpa12b3

fbeffic: fpa12b1, 2, 3 \& 4$-5$
(d) Do you feel that you are in control and on top of things when you are caring for this child
fpa12b4
$\square_{5}$

6 How much do you agree or disagree with the following?

Agree Disagree

Strongly disagree
(a) I know how to help this child do well at school

(b) I think that I can make a difference in this child's success at school fhe33b5a
(c) I am able to help this child at home with school work that is difficult fhe33b6a
$\qquad$
$\qquad$ $\square 2$$\square_{4}$

7 Overall, as a parent, do you feel that you are...Not very good at being a parentA person who has some trouble being a parent
An average parent

## fpa01b

A better than average parentA very good parent8 How many of this child's...

| None of <br> them | Only a <br> few | About <br> half | Most of <br> them | All of <br> them |
| :---: | :---: | :---: | :---: | :---: |

(a) Close friends do you know by sight and first and last name?
fpa19b1 $\square_{2}$$\square_{4}$
$\square 5$
(b) Close friend's parents do you know by sight and by first and last name?

9 How strongly do you agree or disagree with
Strongly

disagree Disagree \begin{tabular}{c}
Neither <br>
agree nor <br>
disare

$\quad$ Agree $\quad$

Strongly <br>
agree
\end{tabular} the following?

> | $\begin{array}{l}\text { Strongly } \\ \text { disagree }\end{array}$ | Disagree | $\begin{array}{c}\text { Neither } \\ \text { argee nor } \\ \text { disagree }\end{array}$ |
| :--- | :--- | :--- |



$\square_{5}$
(b) It is difficult to know where this child is and what he/she is doing now that he/she is getting older
$\square$ $\square_{1} \quad \square_{2}$




It is important that parents know where their child
is and what he/she is doing all the time

> fpa08a1

$\square$

10 How often... Always

| Almost <br> always | About half <br> the time | Almost <br> never | Never |
| :---: | :---: | :---: | :---: |
| $\square \square_{2}$ | $\square$ | $\square_{3}$ | $\square$ |

(b) Do you know who this child is with when he/she is away from home?
fpa18b2
(c) Do you talk to this child about what is going on in his/her life?
fpa18b3

| fparmon: epa18b1, 2, 3, 4 |
| :---: |
| $\square_{2} \quad \square_{3}$ |

(d) Does this child go out without telling you where he/she will be?

$\square_{5}$

## Your health and wellbeing

11 In general, would you say your own health is...
Excellent Very good Good
Fair
Poor

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fhs13b
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$\square$ $]_{1}$ $\qquad$ 23
$\square_{4}$
$\qquad$

12 How many serves of fruit do you usually eat each day? (A 'serve' $=1$ medium piece or two small pieces of fruit or 1 cup of diced pieces) $\square$ serves fhb13b2b

13 How many serves of vegetables do you usually eat each day? (A 'serve' $=1 / 2$ cup of cooked vegetables or 1 cup of salad vegetables)


14 About how many days each week do you do at least 30 minutes of moderate or vigorous physical activity? (e.g. walking briskly, riding a bike, gardening, tennis, swimming, running etc.)


15 About how much do you weigh? (If you are pregnant, please record your usual weight when not pregnant)


16 About how tall are you, without shoes? $\square$ cm or $\square$ inches

17 Do you currently smoke cigarettes?
1 Yes
$\square_{2}$ No
fhb15b5
Go to Question 19

18 How many cigarettes do you usually smoke in one day?
$\square 1$ Less than one a day1 to 5 per day
fhb15b86 to 10 per day
11 to 20 per dayMore than 20 per day

19 How often do you have a drink containing alcohol?


Go to Question 23
$\square]_{2}$ Not in the last year
$\square 3$ Monthly or less
$\square_{4} 2$ or 3 times a month

$\square 5$ Once a week2 to 3 times a week
$\square_{7} 4$ to 6 times a week
$\square 8$ Every day
20 How many standard drinks do you have on a typical day when you are drinking?1 or 2
$\square 2$ or 4
$\square 35$ or 6
fhb16b3


7 to 1011 or more
21 How often do you have 5 or more standard drinks on one occasion?

## Every day

4-6 times a week
2-3 times a week
fhb16b7
Once a week
2-3 times a month
Monthly or less
$\square_{7}$ Never
Go to Question 23
Alcohol Derived items see Data Dictionary

22 How often do you have 7 or more standard drinks on one occasion?

## $\square 1$ Every day

4-6 times a week2-3 times a weekfhb16b8
4 Once a week2-3 times a monthMonthly or less
$\square 7$ Never

23 Sometimes families may have difficulty getting along with one another. They do not always agree and they may get angry. In general, how would you rate your family's ability to get along with one another?
('Family' refers to the people you live with)ExcellentVery goodGood


24 Thinking about how you and your spouse/ partner look after the family and house, do you think that you do your fair share of the...
(a) Domestic tasks (housework, home maintenance, shopping and cooking)I do much less than my fair shareI do less than my fair share
$\square_{3}$ I do my fair share
fre02b2aI do more than my fair share
$\square 5$ I do much more than my fair share
(b) Child-rearing tasks (both physical and emotional care)I do much less than my fair shareI do less than my fair shareI do my fair share fre02b1aI do more than my fair share5 I do much more than my fair share

25 In the past 4 weeks, how often did you feel...
(a) Nervous
(b) Hopeless (that is, without hope)
(c) Restless or fidgety
(d) That everything was an effort
(e) So sad that nothing would cheer you up
(f) Worthless


| All of the |
| :---: |
| time |


| Most of |
| :---: |
| the time |


| Some of |
| :--- |
| the time | | A little of |
| :---: |
| the time | | None of |
| :---: |
| the time |

26 How difficult do you feel your life is at present?
fhs26b1No problems or stresses
Few problems or stressesSome problems and stressesMany problems and stresses5 Very many problems and stresses

27 How well do you think you are coping?


28 In the past year, have you had two weeks or more during which you felt sad, blue or depressed or lost pleasure in things that you usually cared about or enjoyed?YesNo

29 How often do you feel rushed or pressed for time?

Always

fhs26b3Sometimes4 RarelyNever

30 How often do you feel that you need support or help but can't get it from anyone?
$\square 1$ Very oftenOften
fsc08b3 Sometimes
$\square 4$ Never
(a) Is your partner a resource or support to you in raising your child(ren)
fre01b1
$\square_{1} \quad \square 2$

(b) Are you a resource or support to your partner in raising your child(ren) fre01b2
(c) Do you feel your partner understands and is supportive of your needs as a parent

(f) Do you and your partner argue

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fre15b3
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(g) Is there anger or hostility between you and your partner

(h) Do you have arguments with your partner that end up with people pushing, hitting, kicking or shoving
fre15b5

32 Have you ever been afraid of your spouse/partner?
$\square 1$ Yes $\quad \square{ }_{2}$ No fre16b

Please answer the next questions without thinking too long about your responses - your first response is usually the best. Select which best describes your answer from the scale provided for each question.

$$
1 \text { = Poorly } \longrightarrow \text { Extremely well = } 5
$$

33 How well does your spouse/partner meet your needs?
 $\square_{5}$

$$
1=\text { Unsatisfied } \longrightarrow \text { Very satisfied }=5
$$

34 In general, how satisfied are you with your relationship?


35 How good is your relationship compared to most?

$\square$ $\square 5$ How often do you feel you wish you hadn't
36 How often do you feel you
married or lived together?
fre04b3
1 = Never

$1=$ Hardly at all


40 Which best describes the degree of happiness, all things considered, in your relationship?

| Extremely <br> unhappy | Fairly unhappy | A little unhappy | Happy | Very happy | Extremely <br> happy |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ | $\square_{6}$ |

## Family and community

41 People sometimes look to others for companionship, assistance, or other types of support. How often are each of the following kinds of support available to you if you need it?

|  |  | None of the time | A little of the time | Some of the time | Most of the time | All of the time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| (a) | Someone you can count on to listen to you when you need to talk |  |  | $\square_{3}$ | $\square_{4}$ | $\square 5$ |
| (b) | Someone to confide in or talk to about yourself or your problems | fsc18b1b |  |  | $\square_{4}$ | $\square 5$ |
| (c) | Someone to share your most private worries and fears with | fsc18b1c | $\int_{2}$ |  | $\square_{4}$ | $\square 5$ |
| (d) | Someone to turn to for suggestions about how to deal with a personal problem | fsc18b1d |  | $\square_{3}$ | $\square_{4}$ | $\square 5$ |
| (e) | Someone to help you if you were confined to bed | fsc18b2a | 2 | 3 | $\square 4$ | $\square 5$ |
| (f) | Someone to take you to the doctor if you needed it | fsc18b2b | $7_{2}$ | fbeisup: fsc18b1a, b, c \& d |  |  |
| (g) | Someone to prepare your meals if you were unable to do it yourself | fsc18b2c |  | fbasup: fsc18b3a, b \& c |  |  |
| (h) | Someone to help with daily chores if you were sick | fsc18b2d | $\square_{2}$ | fbsocint: fsc18b4a, b \& c |  |  |
| (i) | Someone who shows you love and affection f | fsc18b3a | 2 | 3 | - | 5 |
| (j) | Someone to love and make you feel wanted f | fsc18b3b | ${ }_{2}$ | $\square_{3}$ | ${ }_{4}$ | 5 |
| (k) | Someone who hugs you fsc18b3c | 1 | 2 | 3 | 4 | 5 |
| (I) | Someone to have a good time with fsc18b4a | $\square 1$ | $\square_{2}$ | $\square 3$ | $\square 4$ | $\square 5$ |
| (m) | Someone to get together with for relaxation fsc18b4b | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square 4$ | $\square_{5}$ |
| (n) | Someone to do something enjoyable with fsc18b4c | $\square_{1}$ | $\square_{2}$ | $\square_{3}$ | $\square_{4}$ | $\square_{5}$ |
| (o) | Someone to do things with to help you get your mind off things |  | ${ }_{2}$ | 13 | 4 | 5 |

[^0]42 How often do you see, talk to or email the following people? (Answer for the most frequent contact e.g. if you talk to your mother every day and your father once a week, record 'Every day')

No contact Rarely \begin{tabular}{c}
A few <br>
times a

 

At least <br>
every

 

At least <br>
every

$\quad$ Every day 

Don't have
\end{tabular}

(a) Your parents

(b) Your spouse/partner's parents fsc05b7a
(c) Other family members fsc05b4
(d) Your friends

(e) Your neighbours $\qquad$

$\square_{1}$




43 How often do the following people support you in raising your child(ren)

Often
Never Don't have

$\square_{4} \quad \square_{5}$ $-1$

$-1$

$\square_{4}$

$-1$
(e) Your neighbours

| fsc14b2 |  |
| :---: | :---: |
| fsc14b3 |  |
| fsc14b4 |  |
| fsc14b5 |  |
| fsc14b6 |  |

Stronglydisagree
(a) It is safe for children to play outside during the day
fsc15b1a



45 How strongly do you agree or disagree that... \begin{tabular}{c}
Strongly <br>
agree

$\quad$ Agree 

Neither <br>
agree nor <br>
disagree

$\quad$

Disagree

 

Strongly <br>
disagree
\end{tabular}

46 How do you feel about your neighbourhood as a place to bring up children?Very good
Good
Fair
fsc09b

PoorVery poor

47 Do you participate in any ongoing community service activity? (e.g. volunteering at a school, coaching a sports team or working with a church or neighbourhood association)


48 Are you currently an active member of a sporting, hobby or community-based club or association?


```
Yes
No
```

49 In general, how often do you attend events that bring people together such as fetes, shows, festivals or other community events?NeverRarely


Occasionally
SometimesOftenVery often

## Work and family

- If you are not in paid work, please go to Question 56.
- For the next questions, please think about the job in which you work the most hours.

50 If you could choose, how many hours would you prefer to work per week, taking into account how that would affect your income?
$\square$ hours

## fpw18b2

51 If you sometimes need to change the time when you start or finish your work day, is it possible?Yes, I am able to work flexible hours
Yes, with approval in special situationsNo, not likely
No, definitely not
fpw19b
No, derntely
-2 Don't know

52 Could you get a permanent increase in hours if needed?


No
fpw20b1
-2 Don't know

53 Could you get a permanent decrease in hours if needed?

fpw20b2
No
-2
Don't know

54 How secure do you feel in your present job?Very secureSecure
fpw21b
Not very secureVery insecure

55 How strongly do you agree or disagree with these statements?

| Strongly <br> disagree | Disagree | Neither <br> agree nor <br> disagree | Agree | Strongly <br> agree |
| :--- | :--- | :--- | :--- | :--- |

(a) I have a lot of freedom to decide how I do my own work
5
(b) My working has a positive effect on my child(ren)
fpw23b1a
(c) Working helps me to better appreciate the time that I spend with my child(ren)

## fpw23b1b

(d) The fact that I work makes me a better parent

## fpw23b1c

(e) I never have enough time to get everything done in my job
fpw29b
$\square$ $\square_{2}$
 $\square_{4}$
4
 $\square_{4}$

(f) Having both work and family responsibilities makes me a more rounded person
fpw23b2a

$\square_{5}$
(g) Having both work and family responsibilities gives my life more variety
fpw23b2b


(h) Having both work and family responsibilities makes me feel competent
fpw23b2c
$\square_{5}$
(i) Because of my work responsibilities I have missed out on home or family activities that I would like to have taken part in
fpw23b3a

(j) Because of my work responsibilities my family time is less enjoyable and more pressured
fpw23b3b
$\square 5$
(k) Because of my family responsibilities I have had to turn down work activities or opportunities that I would prefer to take on
fpw23b4a

(I) Because of my family responsibilities the time I spend working is less enjoyable and more pressured
fpw23b4b


## Contact details

## 56 What is your relationship to the study child?



Work phone:


Mobile: $\square$ Date: $\square$


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